

## Interest, Leisure and Creative Classes



### **Science for the Layman (SCI) 10 weeks Monday 8.00-9.30 pm Fee €120**

Are we really made from stardust? Does what we eat shape who we are? What is genetically modified food? Do my genes really influence who I am? Our bodies are finely balanced biological machines, constantly growing, adapting, and assimilating the world around them. This course will provide you a guided tour through the world of cell biology. Join Dr John Bradley as we delve beneath the surface of our skin, to the world of cell biology. You will learn about DNA, genes, and proteins, about health and disease, and together we will take a peek at the world few know exist. The world within! This course is designed to be engaging and light hearted, questions and discussion are encouraged. No previous knowledge required, just curiosity!

### **Public Speaking (PS) 9 weeks €100 Monday 6.45-8.15 pm**

Become more confident with public speaking. Make that wedding speech! The focus is on participation, enjoyment, confidence-building, body language and step-by-step guide to preparing and delivering effective and convincing speeches.



### **Introduction to Genealogy (GEN) 10 Weeks €120 Monday 7.30-9.00 pm**

This course will show you how to locate records to research your family history, including how to carry out effective online searching of all vital records, the census, church, land, occupational records, and newspapers. '

### **Creative Writing(CW) 8 weeks €120 – Monday 7.00-9.00 pm**

Learn techniques for writing short stories, poetry and memoir with a professional writer. Participants encouraged to enter SCC Creative Writing competition in February.



### **Drawing and Painting Beginners(DWP1) 10 weeks €120 – Monday 6.30-8.00pm**

Suitable for Beginners. Learn the techniques of drawing and painting with a professional artist. List of Materials:

Essential:

A2 sketchpad

A4 Notebook

Set of Acrylic paints and brushes

Drawing pencils( 2B, 5B, )

Desirable:

Oil pastels

Chalk pastels

Charcoal

**Drawing and Painting Improvers(DWP2) 10 weeks €120 – Monday 6.30-8.00pm**

If you have completed the Beginners class we invite you to attend the Improvers class where you will complete more complex drawing and painting exercises. Please bring the following materials:

Essential:

A2 sketchpad/A4 Notebook  
Set of Acrylic paints and brushes  
Drawing pencils( 2B, 5B, )

Desirable:

Oil pastels  
Chalk pastels  
Charcoal

**Garden Design (GAR) 10 weeks Tuesday 7.00-8.30 pm Fee €130**

Planning, maintaining and designing your garden. This course assists you in making the big decisions in your garden: what planting, hard and soft landscaping features, containers, use of colour and foliage. Learn about the climate and location of your garden and how to protect your plants. Soils and compost and best practices for feeding, mulching, pruning and keeping your garden in tip-top condition will all be covered.

**Gardening(DG)- 5 weeks €80 – Wednesday 2.30 – 4.30 pm**

Introductory practical and theoretical gardening course. This course will concentrate on gardening tasks appropriate for early Autumn. There will be another Gardening course in Spring. Please wear old clothes, strong footwear and bring gardening gloves. Tools supplied.

**Spanish Ordinary and Higher Level (SPOH) Monday 7 -9pm Fee €230**

Approximately two years' experience of learning Spanish necessary for this course. Oral examinations will take place in March/April 2018 as well as written examinations in June 2018.



**Art Appreciation- The Old Masters (OLD) 6 weeks**

Discover the Old Masters of the Renaissance and Baroque period. Guided tour of the National Gallery is included.

Wednesday 8.00-9.30 pm Fee €80



**Modern and Contemporary Irish Art (MOD) 6 weeks**

Learn how to 'read' a painting and appreciate modern and contemporary Irish artists. Includes gallery visit.

Wednesday 8.00-9.30pm Fee €80 starts 8/11/2017



**Beginners Ukulele (UKE) 10 weeks**

Learn how to play this fun, easy and portable instrument. You will need to bring your own ukulele.

Thursday 5.30 -6.30 pm. Fee €90



**Music Theory and Appreciation (MUS) 10 weeks**

Thursday 6.30-7.30 pm Fee: €90



**Creative Songwriting (SON) 10 weeks**

Thursday 7.45-9.30 pm: Fee €120

**Beginners Beekeeping (BK) -10 weeks €130 Thursday 7.30 -9.00 pm**

Introduction to the art of beekeeping; life cycle of bees; caring for hives.

**Pet Care (PET) 5 weeks €60 Saturday 10.30 -12.00pm**

Introduction to animal welfare, behaviour, first aid and safety. Suitable for animal lovers and those wishing to volunteer with animals. Non- certified course. A continuation course will follow if there is sufficient demand.