

Cookery Courses

N.B All the courses listed below are part-time, non-certified, leisure courses.

International Cookery (IC) 10 weeks €180 Monday 7.30 to 9.30 pm

Covers variety of dishes (main courses, starters, desserts) of cuisines from around the world: European, Mediterranean, Asian (Indian, Chinese, Thai). Programme will be given on first night. First evening is demonstration and all other classes are practical. Students must bring in own ingredients and containers to bring food home.

Beginners Cookery (BC) 10 weeks €180 Tuesday 7.30 to 9.30 pm

Nutritious, budget-conscious meals suitable for family cooking; main courses, starters, desserts. Programme will be given on first night. First evening is demonstration and all other classes are practical. Students must bring in own ingredients and containers to bring food home.

Cake Decorating (CD) 8 weeks €180 Wednesday 7.00 to 9.30 pm

Baking and decorating a Christmas cake using sugar craft, modelling of figures, flowers etc, decorative writing, and decoration of cake board. Learn all the techniques to produce a beautifully decorated, professional-looking festive cake. . First evening is demonstration and all other classes are practical. Students must bring in own ingredients.



Gourmet Cookery (GMC) 10 weeks €180 Thursday 7.30 to 9.30 pm

The most advanced of our cookery courses, this course is for experienced amateur cooks. This course will cover dishes (main courses, starters, desserts) suitable for an elegant dinner party or fine dining. Ingredients may be more costly and there will be an emphasis on presentation. Programme will be given on first night. First evening is demonstration and all other classes are practical. Students must bring in own ingredients and containers to bring food home.

Baking (HEOF) 5 weeks €125 Saturday 10.30am -12.30. Class starts 23rd /9/2017

This short, intensive Baking course will cover cakes, buns, breads. Every class is practical and shortly before the start of the course students will be given a list of ingredients to bring to the first class. You will need containers to bring food home. The first two classes are two hours long and as students get more experience, the final three classes are 3 hours. See times and dates of classes:

1. Saturday 23rd September 10.30 to 12.30pm
2. Saturday 30th September 10.30 to 12.30pm
3. Saturday 7th October 9.30 to 12.30pm
4. Saturday 14th October 9.30 to 12.30 pm
5. Saturday 21st October 9.30 to 12.30 pm

Christmas Cookery (CHC) 5 weeks €100 Saturday 10.30-12.30 class starts 4/11/2017

This course covers festive bakes, starters and/or side dishes for Christmas dinner and party food for the festive season. Every class is practical and shortly before the start of the course students will be given a list of ingredients to bring to the first class. You will need containers to bring food home. All classes are 2hours.

Craft Courses

QQI Level 5 Retail Floristry course (DF) 20 weeks €450 Monday 9.30 – 1.00pm

QQI Level 5 Retail Floristry course (DF2) 20 weeks €450 Monday 2.00 – 5.30 pm

This course should enable students to work in Retail Floristry. This is a practical and theoretical certified course and course content includes:

- Introduction to Floristry Skills
- Funeral Flowers
- Occasion flowers
- Wedding Design

There will be a weekly charge of €12 for fresh flowers and supplies, payable to the teacher. There will be practical assessments and a written examination in May 2018.



Flower Arranging (FA) 5 weeks €70 Tuesday 7.00 -8.30pm

This short leisure course teaches students to make beautiful arrangement for the home. Students supply own flowers (inexpensive flowers from Aldi or Lidl are fine). A small charge (approx €2) is payable to the teacher for sundries. For the first class students will make a round posy and students should bring:

Scissors

Pink or white or yellow baby carnations

Small head roses in a contrasting colour

Greenery from the garden

Christmas Flower Arranging (FAX) €70 5 weeks starts 7/11/2017

Students will make beautiful flower arrangements and table decorations with a Christmas theme. This is a practical, busy class and in the first class students will be making a **Round Posy with Candle**. You will need to bring in the following materials:

- 🌿 Greenery, such as pine, holly, ivy, pine cones, mistletoe, anything with berries. Try your garden for greenery. Sprayed cones are often available in packs in 'Two Euro' shop. This will form the base of your arrangement.
- 🌿 Ribbon in Christmassy colours, available in Penney's Christmas shop or Two Euro Shop
- 🌿 Two long narrow candles, red or gold.
- 🌿 Flowers from Aldi or Lidl- One packet red baby carnations and one packet red roses.
- 🌿 Scissors (very important!)

Beginners Dressmaking (DM) 8 weeks €160 Monday 7.00 to 9.30 pm

Students will learn how to use a sewing machine and should be able to make at least one garment, following a pattern, during this comprehensive beginners' course. Students will also learn some alteration techniques. Sewing machines are supplied, but students may instead wish to bring their own machine and get to know its workings. For the first class students may bring some practice fabric, thread (any colour), pins, scissors. The teacher will advise on other materials.

Beginners Dressmaking (DK) 8 weeks €160 Wednesday 7.00 to 9.30 pm

Students will learn how to use a sewing machine and should be able to make at least one garment, following a pattern, during this comprehensive beginners' course. Students will also learn some alteration techniques. Sewing machines are supplied, but students may instead wish to bring their own machine and get to know its workings. For the first class students may bring some practice fabric, thread (any colour), pins, scissors. The teacher will advise on other materials.

Improvers Dressmaking (FD) 8 weeks €160 Tuesday 6.30 to 8.30 pm

This course is aimed at the established sewer and intends to build upon their knowledge base adding new skills or improving upon old ones. The creation of new garments or the recreation of old ones, gives the student the opportunity to express their creativity, whilst expanding their skillset and refining their existing abilities.

Possible areas that could be covered during the course, dependant on individual abilities:

- Garment alterations. Basic garment alteration techniques; judging fit, resizing and repairing.
- Commercial pattern dressmaking.
- Pattern creation; This is advanced work but may suit some students. Individual assessment will be required before starting on this option.
- Embellishment & Embroidery.
- Upcycling and re-designing of old garments to give new life to old clothes.
- Accessories creation: Detachable collars & cuffs, scarves, bags.
- Advanced couture sewing techniques.

Mosaics for Beginners and Improvers (MOS) Tuesday 6.30 -8.30 pm 10 weeks €160

In this hobby class, learn the ancient craft of mosaic making. You will learn a step by step approach to making your own mosaic art piece. Students are encouraged to design their own mosaic and develop this with the tutor, using a wide selection of coloured ceramic tiles and other fun items that can be used for mosaics. There will be a €30 charge for materials payable to the College, including the use of tools and all other materials necessary for making colourful and individual art pieces. This charge may be paid weekly if preferred.

Crochet for Beginners (CR1) 5 weeks €80 Wednesday 7.00 to 9.00 pm

Learn how to crochet and make delightful gifts and small garments. To start students should bring a number 4mm crochet hook and thick, chunky wool, any colour.

Crochet for Improvers (CR2) 5 weeks €80 Wednesday 7.00 to 9.00 pm starts 8/11/2017

Continue and improve crochet skills and make unique hand-crafted Christmas gifts.

Creative Embroidery (CE) 5 weeks €80 Saturday 10.30am -12.30 pm

Contemporary Embroidery: New Ways with Stitch and Technique

Contemporary embroidery builds on traditional techniques and explores new and alternate ways of approaching stitch. Participants will explore and experiment with traditional hand embroidery stitches through demonstrations and sampling and the adaptation of these techniques to embellish items either for the home or to wear. At the end of the five week course participants will not only have a new stitch vocabulary but also a finished piece displaying their new skills.



Creative Bookbinding (BIN) 5 Weeks €80 Saturday 10.30 to 12.30 pm

This wonderful and very high quality course is a step by step Introduction to Bookbinding open to students of all levels interested in bookbinding and making their own personalised book or folder. By the end of the course, students of all Levels will have learned:

- how to look at different types of books and understand how they can be reproduced
- how to set up a basic book-binding station at home
- how to make from scratch a hard back book, cover and book-block
- how to choose, design and make a cover of your choice (using hard card, fabric, paper, fold over leather, ribbons, etc..)
- how the above techniques can be applied to create notebooks, artists sketchbooks, gifts and portfolios.

Materials (a choice of paper, materials, ribbons and designs) are provided and a €20 materials charge is payable to the teacher in the first class. All tools will be provided and lent to the students. Students should bring pen or pencil, notepad and folder.

Calligraphy(CAL) 5 weeks Saturday 10.30 am-12.30 pm Fee: €80 starts 4/11/2017

Discover 5 different 'hands' or styles spanning from the 4th Century to modern day free-style brush lettering. Learn the classic calligraphy scripts: Celtic Uncial, Italic, Gothic and Copperplate cursive and apply in class projects. Materials fee of €20 applies . Materials fee of €20, payable to teacher, applies to include pen, nibs inks and paper.

Patchwork (PAT) 5 weeks €80 Saturday 10.30 to 12.30 pm

In Patchwork (suitable for Beginners and Intermediate) students will learn the techniques of this colourful textile craft to make gifts, small wall hangings, etc. Materials are supplied by the teacher and a €20 fee is payable to the teacher on the first day of class.

Christmas Patchwork (PATX) 5 weeks €80 Saturday 10.30 to 12.30 pm .Start date 4/11/2017

Students will make Patchwork gifts an creations with a Christmas theme. Materials are supplied by the teacher and a €20 fee is payable to the teacher on the first day of class.



Marquetry and Veneer (MARV) 8 weeks Wednesday 7.00- 9.00pm Fee €160

Students will learn the basics of Marquetry through a mainly practical course in which they will undertake a small detailed project. Some theory will be taught including Design, Drawing, History behind its development, Tools used, Techniques, Finishes and Health & Safety. Students will learn how to use the tools needed (safely) and the correct techniques involved in producing a piece of Marquetry. Anyone interested in Arts & Crafts, Antique Furniture, Woodwork in general or are looking for a suitable hobby to test their skills and fill their time should consider trying out Marquetry.



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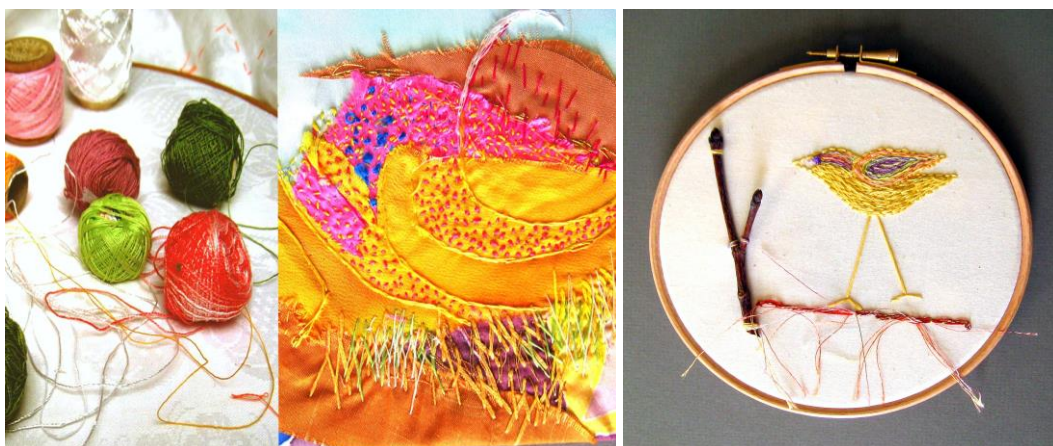
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